

ASIST

Applied Suicide Intervention Skills Training

Free 14 Continuing Education

**Contact hours for CCAPP, BRN
and BBS**

Training Objectives

- Increase knowledge and confidence to respond to a person at risk of suicide
- Recognize an invitation for help
- Demonstrate the skills required to intervene with a person at risk of suicide
- Apply a suicide intervention model
- Link people with community resources

Cynthia Halman, LCSW

A Social Worker at Hospice of the Sierra, Cynthia has given care and respect to multi-cultural diverse individuals in our community. Counseling persons and their families dealing with a terminal diagnosis, Ms. Halman has assured all she is in contact with have the honor and respect they so dearly deserve. Cynthia has been delivering the suicide prevention training through *Living Works Education ASIST since 2010 and safeTALK since 2013*. Cynthia Halman is an indispensable part of the efforts to make Tuolumne County a suicide safer community.

November 17 & 18, 2016

Location:

Tuolumne County Superintendent of Schools Office
175 Fairview Lane Room 217, Sonora, CA
8:30am—4:00pm

Must attend both days. Check in is at 8:00am.

ASIST is a two-day (15-hour) intensive, interactive and practice-oriented course designed to help the community members, educators, and caregivers to recognize the signs and learn how to intervene to prevent the immediate risk of suicide.

Creating a Suicide-Safer Community Training Life-Assisting Caregivers

To REGISTER and for Continuing Education units:

Dianne Aventi at ATCAA 533-1397 ext. 270
daventi@atcaa.org

Martha Golay

Since 2014 has been essential in the strategic planning aspects of the *Suicide Prevention Task Force of Tuolumne County*. Martha is a certified trainer of the Living Works Education for *safeTALK* and *ASIST II* in which over 500 persons locally have been trained. Ms. Golay has also been certified as a *Mental Health First Aid (MHFA)* and *Youth MHFA* instructor with multiple trainings in the community to increase understanding and skill sets in working with persons living with additional challenges. Martha's experience in working with youth and families continues to be a great asset to this community.

Light snacks will be provided. There will be a 1-hour break for lunch.

The Tuolumne County Behavioral Health Department is an approved provider by the CAMFT Provider #128-030; CCAPP Provider #2N-15-232-0617; BRN Provider #CEP15313

